

# Breastfeeding Your Baby Class

208-765-4888



**When:** 4th Wednesday of  
every month

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**Where:** Lobby of Coeur  
OB/GYN office

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**Time:** 6-8 pm

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**Cost:** \$20 per couple

**Topics Covered:**

- Benefits for Mom and Baby
- Breast Anatomy & Milk Production
- Positioning & Latch
- Feeding Cues
- Is Baby Getting Enough?
- Stages of Milk
- Breastfeeding Challenges
- Breastfeeding Supplies
- Pumping